

**The North Carolina Psychoanalytic Society
2010-2011 Scientific Program Series**

Saturday, October 23, 2010

10 am-12:00 noon

The Lucy Daniels Foundation

Registration and Refreshments begin at 9:30am

***Failure to use Countertransference Productively:
Therapist's pursuit of emotional equilibrium***

**Presented By
Irwin Hirsch, PhD**

Register ONLINE at www.ncpsasoc.org/registration.shtml

Cost: \$45 (\$50 at the door)

Registration prior to the date of the program is encouraged and appreciated. The Presentation is offered at no charge to NC Psychoanalytic Society Members. Pre-Registered full-time students with ID and trainees in the Department of Social Work, Psychology, and Psychiatry are admitted without charge as well. Scholarships are available for others for whom the admission fee is a hardship. Please contact the administrator (contact info listed below) if interested.

Irwin Hirsch asserts that countertransference experience always has the potential to be used productively to benefit patients. However, he also observes that it is not unusual for therapists to 'coast' in their countertransferences, and to not use this experience to help treatment progress toward reaching patients' and therapists' stated analytic goals. This program will discuss 'coasting' and how Hirsch believes it to be an ever present (and rarely addressed) conflict between therapists' self-interest and pursuit of comfortable equilibrium, and what may be ideal for patients' achievement. The acknowledgment of the power of therapists' self-interest further highlights the contemporary view of a truly two-person psychology conception of psychoanalytic praxis. Therapists' embrace of their selfish pursuit of comfortable equilibrium reflects both an acknowledgment of the therapist as a flawed other, and a potential willingness to abandon elements of self-interest for the greater good of the therapeutic project.



Irwin Hirsch, PHD is the faculty supervisor and former director for the Manhattan Institute for Psychoanalysis. His other current roles include: Distinguished visiting faculty, William Alanson White Institute, Clinical professor of psychology and supervisor, Postgraduate Program in Psychotherapy and Psychoanalysis, Adelphi University; Clinical professor of psychology and supervisor, Postdoctoral Program in Psychotherapy and Psychoanalysis, New York University. Faculty and supervisor, National Training Program, National Institute for the Psychotherapies. He is serving on the Advisory Board, International Association of Relational Psychotherapy and Psychoanalysis. He is also serving on the Editorial Board: Contemporary Psychoanalysis; Psychoanalytic Dialogues; Psychoanalytic Perspectives; Ricerca Psicoanalitica. He has authored approximately 70 psychoanalytic articles, chapters and reviews, and "Coasting in the Countertransference: Conflicts of Self-Interest between Analyst and Patient", Routedledge, 2008.

How to Register:

You may register online at www.ncpsasoc.org/registration.shtml or mail your contact information and payment to: NC Psychoanalytic Society, 901 Paverstone Drive, Suite 11, Raleigh, NC 27615. Society members should register by e-mailing your reservation to info@ncpsasoc.org

Special accommodations may be made for participants with disabilities. Please contact the Society Administrator at the number below before October 8, 2010 to make arrangements.

Our refund/cancellation policy is available upon request. Contact the Administrator for further details. Up to 2 Category I CME credits are offered through the American Psychoanalytic Association. NCPS is approved by the American Psychological Association to offer up to 2 Category A CE hours for Psychologists. Letters of attendance will be provided to all others. See below for details.

If you have any questions, please contact the Administrator at 877-572-6778 or info@ncpsasoc.org.

Directions: Lucy Daniels Foundation (LDF) is located at 9001 Weston Parkway in Cary, NC. From I-40, take exit 287, Cary/Harrison Avenue. Proceed toward Cary on Harrison Avenue, approximately one-half mile. Turn right onto Weston Parkway and travel for 1.5 miles. The LDF is across the median on the left. Continue driving another 0.1 mile and make a U-turn at the median break to return to the LDF, now on your right. After turning into the LDF drive, you may park alongside the building or in the upper parking lot. (The LDF is located in the end of the building closer to Weston Parkway; the section of the building housing the Lucy Daniels Center for Early Childhood is at the far end, closer to the upper parking lot.)

Target Audience: Open to mental health professionals and anyone else with an interest in this topic. This program is at an intermediate instructional level.

Educational Objectives:

After this presentation, participants will be able to:

1. To sensitize therapist to the degree that the therapist's pursuit of self-interest inevitably plays some role in every therapy.
2. To remind therapists of the extent that the person of the therapist will invariably impact every therapy.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the North Carolina Psychoanalytic Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity.

The American Psychoanalytic Association designates this educational activity for a maximum 2 hours in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

The North Carolina Psychoanalytic Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The North Carolina Psychoanalytic Society maintains responsibility for this program and its content.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose. Patient confidentiality is maintained throughout the program.