

From The North Carolina Psychoanalytic Society's
2008-2009 Scientific Program Series

Saturday, October 18th, 2008

Getting Real

Re-considering the Person of the Analyst in Psychoanalysis

Presented by

Mardy S. Ireland, Ph.D.

In this program, Dr. Mardy Ireland leads an attempt to “get a little more real” about the person of the analyst in the analytic process as well as to say something about the real impact that doing analysis has on analysts themselves. She defines the person of the analyst as that which extends beyond the interpretive function, including facts of the analyst’s history and current life, characterological and defensive organization, and the emotional climate he or she creates. Dr. Ireland refers to Winnicott’s ideas on becoming and being real and Lacan’s concept of “the Real” in this re-consideration of the person of the analyst. Clinical case material and implications for psychoanalytic training and practice are discussed.

Mardy S. Ireland, Ph.D. is a psychoanalyst and psychologist in practice in Berkeley, California. She is Faculty and Personal and Supervising Analyst at the Psychoanalytic Institute of Northern California and Adjunct Faculty at Santa Clara University. She is the author of the critically acclaimed *Reconceiving Women: Separating Motherhood from Female Identity* (1993) and *The Art of the Subject: Between Necessary Illusion and Speakable Desire in the Analytic Encounter* (2003).

Schedule:

9:30-10am Registration and Refreshments
10-12:00noon Presentation by Dr. Ireland

Location: Lucy Daniels Foundation, Cary, NC

Cost: \$45 (\$50 at the door)

The presentation is offered at no charge to NC Psychoanalytic Society Members. Pre-registered full-time students with ID and trainees in Departments of Social Work, Psychology, and Psychiatry are admitted without charge as well. **Registration prior to the date of the program is encouraged and appreciated.**

How to Register:

Payment by Credit Card: You may register online at www.ncpsasoc.org/registration.shtml. Society members should register through the “Members” section.

Payment by Check: Mail to: NC Psychoanalytic Society, 901 Paverstone Drive, Suite 11, Raleigh, NC 27615

Special arrangements are available for participants with disabilities. Please contact the Society Administrator at the number below by October 10, 2008 to make arrangements.

Our refund/cancellation policy is available upon request. Contact the Administrator for further details. Up to 2 Category I CME credits are offered through the American Psychoanalytic Association. NCPS is approved by the American Psychological Association to offer up to 2 Category A CE hours for Psychologists. Letters of attendance will be provided to all others. See below for details.

If you have any questions, please contact the Administrator at [877-572-6778](tel:877-572-6778) or info@ncpsasoc.org.

Directions: Lucy Daniels Foundation (LDF) is located at 9001 Weston Parkway in Cary, NC. From I-40, take exit 287, Cary/Harrison Avenue. Proceed toward Cary on Harrison Avenue, approximately one-half mile. Turn right onto Weston Parkway and travel for 1.5 miles. The LDF is across the median on the left. Continue driving another 0.1 mile and make a U-turn at the median break to return to the LDF, now on your right. After turning into the LDF drive, you may park alongside the building or in the upper parking lot. (The LDF is located in the end of the building closer to Weston Parkway; the section of the building housing the Lucy Daniels Center for Early Childhood is at the far end, closer to the upper parking lot.)

Target Audience: Open to mental health professionals and anyone else with an interest in this topic. This program is at an advanced instructional level.

Educational Objectives:

The presentation should offer audience members:

1. A theoretical framework for understanding what is meant by the assertion that the analyst is unavoidably “real” in his/her clinical work
2. A description of three categories of “something real” in the analyst and an idea of how these categories affect clinical practice

This North Carolina Psychoanalytic Society activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the North Carolina Psychoanalytic Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity.

The American Psychoanalytic Association designates this educational activity for a maximum of 2.0 hours in category 1 credits towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. Disclosure information is on record indicating that participating faculty members have no significant financial relationships to disclose.

The North Carolina Psychoanalytic Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The North Carolina Psychoanalytic Society maintains responsibility for this program and its content.