

# North Carolina Psychoanalytic Society

2007-2008 Scientific Program Series

**Saturday, October 20, 2007**

## *The Need for Psychodynamic Principles in Outreach to New Combat Veterans and Their Families*

Presented by

**Harold Kudler, MD**

Posttraumatic Stress Disorder (PTSD) has come to be understood in primarily biological terms, although the problems of returning combat veterans from Iraq and Afghanistan (and indeed, of their families) are best understood in psychodynamic terms. Their needs would be better met through a public health model that incorporates progressive outreach and engagement of all new veterans rather than a traditional medical model which focuses only on those with a biological disorder. Work with new veterans and their families requires facilitation of their own adaptive processes (psychological, social *and* biological). This approach carries with it the potential to reorient and revitalize the theory and practice of psychiatry.



### **About the Presenter:**

Harold Kudler, MD is the coordinator for mental health services for a three-state network of the Department of Veteran Affairs. In addition, he is Clinical Associate Professor of Psychiatry and Behavioral Sciences at Duke University and an Advanced Candidate in both the Adult and Child programs of the Psychoanalytic Institute of the Carolinas. He was a founding member of the Psychoanalytic Psychotherapy Study Center of North Carolina and is the recipient of multiple awards for teaching, including the American Psychoanalytic Association's Edith Sabshin Award for Excellence in Psychoanalytic Teaching. Dr. Kudler is a Board Member and past chair of the North Carolina Psychoanalytic Foundation.

**Target Audience:** Open to mental health professionals and anyone who has an interest in this topic. This program is at an intermediate instructional level.

### **Conference Schedule:**

9:30 am - 10:00 am Check in and refreshments

10:00 am - 12:00 pm Presentation and Q & A with Harold Kudler, MD

**Location:** Lucy Daniels Foundation, 9001 Weston Parkway, Cary, NC

**Cost:** \$45 (\$50 at door); Free for NC Psychoanalytic Society members/trainees

*Up to 2.0 Category I, CME are offered through the American Psychoanalytic Association. NCPS is approved by the American Psychological Association to offer up to 2.0 category A, CE for Psychologists. See below for specifics.*

*Our refund/cancellation policy is available upon request. Contact the Administrator for further details.*

**How to Register:** Pre-registration is encouraged but not required.

**Payment by Credit Card:** You may now register [ONLINE](http://www.ncpsasoc.org/registration.php) at [www.ncpsasoc.org/registration.php](http://www.ncpsasoc.org/registration.php). Society members should register through the member's only section.

**Payments by Check can be mailed to:** NC Psychoanalytic Society; 901 Paverstone Drive, Suite 11, Raleigh, NC 27615

Special arrangements are available for participants with disabilities. Please contact the Society Administrator at the number below prior to the day of the program to make arrangements.

**Educational Objectives:** This presentation should allow audience members:

- 1) Gain insight into the interaction between military history, the theory of psychological trauma and the development of psychiatry and psychoanalysis over the past century.
- 2) Grasp the connections between psychodynamic and public health conceptualizations of post deployment mental health problems and contrast these with biomedical and descriptive perspectives.
- 3) Consider their own strategies in formulating and responding to post deployment concerns with their own patients and within their communities.

**If you have any questions please contact the Administrator at**

**877-572-6778**

**[info@ncpsasoc.org](mailto:info@ncpsasoc.org)**

Directions: Lucy Daniels Foundation is located at 9001 Weston Parkway in Cary, NC. From I-40, take exit 287, Cary/Harrison Avenue. Proceed toward Cary on Harrison Avenue, approximately one-half mile. Turn right onto Weston Parkway and travel for 1.5 miles. The LDF is across the median on your left. Continue driving another 0.1 mile and make a U-turn in the median break. You may park alongside the building and in the upper parking lot.

*This North Carolina Psychoanalytic Society activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the North Carolina Psychoanalytic Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity.*

*The American Psychoanalytic Association designates this educational activity for a maximum of 2 hours in category 1 credits towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. Disclosure information is on record indicating that participating faculty members have no significant financial relationships to disclose.*

*The North Carolina Psychoanalytic Society is approved by the American Psychological Association to sponsor continuous professional education for psychologists. The North Carolina Psychoanalytic Society maintains responsibility for the program and its content.*