

Saturday, September 20, 2008

The Screams of Silence

Depression and Other Maladies of Modern Times

Presented by

Alejandro Salamonovitz, Ph.D.

**Co-sponsored by the North Carolina Psychoanalytic Society and
North Carolina Psychoanalytic Foundation**

This presentation will begin to explain the “Maladies of Silence,” starting with a definition of depression which shows its links to narcissism, based on the writings of Freud, Lacan, and Winnicott. We will see how addiction, psychosomatic illness, violence, and other psychopathology are based on the same dynamic, a dynamic in which the unconscious is silenced and cannot communicate effectively. We will then proceed to discuss how psychoanalysis can find ways of re-awakening the unconscious through creative expression and turn the maladies of silence into treatable conditions. The importance of sociocultural factors in the causation of such illnesses will be emphasized as well as the importance of activism in their healing.



Alejandro Salamonovitz, PhD, a former physicist, is a native of Mexico and of Hungarian-Jewish background. He has dedicated himself to clinical psychoanalysis since 1986. After earning his doctorate in Psychoanalytic Psychotherapy from the *Universidad Intercontinental* and training as a psychoanalyst at the *Circulo Psicoanalitico Mexicano*, he went on to become the *Circulo*'s, President. In 2004, he founded the *Circulo* branch in Cuernavaca, a resource center for the teaching and practice of psychoanalysis for the more than one million people of Cuernavaca, including a low-fee psychoanalytic clinic. He has been a prolific author, teacher, and supervisor throughout his career, and has been continually involved in the treatment of refugees and economically disadvantaged persons. His doctoral thesis, *Del Silencio a la Palabra: Reflexiones Psicoanaliticas sobre laDepression*, combines his theoretical interests in depression with the social and political perspective gained through work with such traumatized patients. Currently, he is seeking to raise awareness of the great suffering caused by the maladies of silence.

Schedule:

9:30-10am Registration and Refreshments
10-12:00noon Presentation by Dr. Salamonovitz

Location: Lucy Daniels Foundation, Cary, NC

Cost: \$45 (\$50 at the door)

There is no charge to members of the NC Psychoanalytic Foundation and the NC Psychoanalytic Society. Complimentary tickets are also available to pre-registered full-time students with ID and to trainees in the Departments of Social Work, Psychology, and Psychiatry. **Pre-registration is appreciated.**

Our refund/cancellation policy is available upon request. Contact the Administrator for further details. Up to 2.0 Category I, CME are offered through the American Psychoanalytic Association. NCPS is approved by the American Psychological Association to offer up to 2.0 Category A CE hours for Psychologists. Letters of attendance will be provided to all others. See below for details.

How to Register:

Payment by Credit Card: Via phone at 919-847-2323 or on line at www.ncpsychoanalysis.org.

Payment by Check to: NC Psychoanalytic Society, 901 Paverstone Drive, Suite 11, Raleigh, NC 27615

Member Registration: Members of the NC Psychoanalytic Society and NC Psychoanalytic Foundation can register online at no charge at www.ncpsychoanalysis.org or by e-mail at info@ncpsychoanalysis.org.

Special arrangements are available for participants with disabilities. Please contact the Society Administrator at the number below by September 12th to make arrangements.

If you have any questions, please contact the Administrator at 877-572-6778 or info@ncpsasoc.org.

Directions: Lucy Daniels Foundation (LDF) is located at 9001 Weston Parkway in Cary, NC. From I-40, take exit 287, Cary/Harrison Avenue. Proceed toward Cary on Harrison Avenue, approximately one-half mile. Turn right onto Weston Parkway and travel for 1.5 miles. The LDF is across the median on the left. Continue driving another 0.1 mile and make a U-turn at the median break to return to the LDF, now on your right. After turning into the LDF drive, you may park alongside the building or in the upper parking lot. (The LDF is located in the end of the building closer to Weston Parkway; the section of the building housing the Lucy Daniels Center for Early Childhood is at the far end, closer to the upper parking lot.)

Target Audience: Open to mental health professionals, trainees, advocates, academics and anyone else with an interest in this topic. This program is at an intermediate instructional level.

Educational Objectives:

The presentation should offer audience members:

1. An understanding of the concept of silence as it relates to depression and narcissism.
2. An appreciation for the need to find creative ways to break the silence.

This North Carolina Psychoanalytic Society activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the North Carolina Psychoanalytic Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity.

The American Psychoanalytic Association designates this educational activity for a maximum of 2.0 hours in category 1 credits towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. Disclosure information is on record indicating that participating faculty members have no significant financial relationships to disclose.

The North Carolina Psychoanalytic Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The North Carolina Psychoanalytic Society maintains responsibility for this program and its content.