

The North Carolina Psychoanalytic Society

2007-2008 Scientific Program Series

Saturday, May 3, 2008

“Can’t We Simply Learn to Treat People’s Problems, Not Their Race?!?”:

Empathic Challenges in Psychoanalytic Training and Treatment

Presented by

Dorothy Holmes, PhD

Description: Dr. Holmes considers the ongoing didactic and supervisory challenges in helping students (residents, interns, analytic candidates) learn the intrapsychic meanings of race in the clinical situation. The continuum of possibilities for how race is represented intrapsychically in the teacher, supervisor, student and patient is explored as are the resistances to knowing these possibilities. The presenter also points to recent developments in the field that should help us to address the psychodynamics of race more effectively in the classroom, supervisory situation, and analytic treatments. Clinical data will be presented, too, to illustrate the limitations to treatment when racialized aspects are not considered, including the impact of limited empathy.



About the Presenter:

Dr. Holmes is a Training and Supervising Analyst at the Baltimore-Washington Center for Psychoanalysis. An active educator, she also is Professor and Director of the Doctor of Psychology Program in Clinical Psychology at the George Washington University. In addition, she practices psychoanalysis and psychotherapy in Washington, DC. Dr. Holmes maintains extensive involvement in national professional organizations as well, with a focus on educational, accreditation and ethical standards of the American Psychological Association (APA) and the American Psychoanalytic Association (APsaA). She presently serves on the Education and Training Committee of the Clinical Psychology Division of APA and on that association’s accreditation appeal panel. Past professional service appointments include Councilor-at Large in APsaA, Chair of the APA’s Accreditation Committee, and Chair of the Education Committee of the Baltimore-Washington Institute for Psychoanalysis. She also has sat on the editorial boards of the *Journal of the American Psychoanalytic Association*, the *International Journal of Psychoanalysis* and *Professional Psychology*. She is a Fellow of the American Psychological Association.

During her distinguished career, Dr. Holmes has made significant scholarly contributions, particularly to our understanding of racial, gender and socioeconomic influences in psychoanalysis and psychotherapy. Her most recent publications examine the “wrecking effects of race and social class on self esteem and success,” race and countertransference as psychoanalytic blind spots, and racial transferences in psychoanalytic treatment. She also has published on analytic technique, including how to work with superego interferences to the patient’s use of increased ego capacity. Dr. Holmes is currently investigating how proprietary interest in one’s own theory and fears of dis-identification with it interfere with the necessary use of pluralism in the treatment situation.

Schedule:

9:30-10am Registration and Refreshments

10-12:00noon Presentation by Dr. Holmes (Open to mental health professionals and anyone else with an interest in this topic. This program is at an intermediate instructional level.)

12:15- 1:45 Clinical Case Conference over Lunch (Open to Psychoanalytic Society members only.)

Location: Lucy Daniels Foundation, Cary, NC

Directions: Lucy Daniels Foundation (LDF) is located at 9001 Weston Parkway in Cary, NC. From I-40, Take exit 287, Cary/Harrison Avenue. Proceed toward Cary on Harrison Avenue, approximately one-half mile. Turn right onto Weston Parkway and travel for 1.5 miles. The LDF is across the median on the left. Continue driving another 0.1 mile and make a U-turn at the median break to return to the LDF, now on your right. After turning into the LDF drive, you may park alongside the building or in the upper parking lot. (The LDF is located in the end of the building closer to Weston Parkway; the section of the building housing the Lucy Daniels Center for Early Childhood is at the far end, closer to the upper parking lot.)

Cost: \$45 (\$50 at the door)

The morning presentation is free of charge to NC Psychoanalytic Society Members. Lunch fee of \$15 applies to afternoon program. The morning conference is also free to pre-registered full-time students with ID and to trainees in Departments of Social Work, Psychology, and Psychiatry. **Pre-registration is encouraged for the morning presentation and required for the afternoon session. Space for the afternoon case conference is limited.**

Our refund/cancellation policy is available upon request. Contact the Administrator for further details. Up to 3.5 Category I, CME are offered through the American Psychoanalytic Association. NCPS is approved by the American Psychological Association to offer up to 3.5 Category A CE hours for Psychologists. Letters of attendance will be provided to all others. See below for specifics.

How to Register:

Pre-registration is highly recommended. **Payment by Credit Card:** You may now register on line at www.ncpsasoc.org/registration.php Society members should register through the "Members" section.

Payment by Check: Mail to: NC Psychoanalytic Society, 901 Paverstone Drive, Suite 11, Raleigh, NC 27615

Special arrangements are available for participants with disabilities. Please contact the Society Administrator at the number below prior to the day of the program to make arrangements.

If you wish to Pre-register or have any questions, please contact the Administrator at

877-572-6778

info@ncpsasoc.org

Educational Objectives: The morning presentation should offer audience members:

1. Increased competence to identify the presence of racialized aspects of the treatment situation, particularly racialized transference-countertransference reactions.
2. Increased knowledge of the importance of recognizing racialized aspects of treatment.
3. Increased skill in working with racial components of the treatment.

The afternoon presentation should allow participants:

1. An opportunity to gain a deeper understanding of the dynamics of a particular analytic case.
2. A chance to discuss their own thoughts about the case with a distinguished visiting analyst.

This North Carolina Psychoanalytic Society activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the North Carolina Psychoanalytic Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity.

The American Psychoanalytic Association designates this educational activity for a maximum of 3.5 hours in category 1 credits towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. Disclosure information is on record indicating that participating faculty members have no significant financial relationships to disclose.

The North Carolina Psychoanalytic Society is approved by the American Psychological Association to sponsor continuous professional education for psychologists. The North Carolina Psychoanalytic Society maintains responsibility for the program and its content.